* **66117\_screenshot\_1.mp4**
* 2.12.1.1 (Put water into the microscope) **0:00-0:05**
* 2.12.1.2 (Click Record and Calibration | Measuring water signal) **0:06-0:29**
* 2.12.1.3 (Put methanol into the microscope) **0:30-0:34**
* 2.12.1.4 (Click Record and Calibration | Measuring methanol signal) **0:35-1:00**
* **66117\_screenshot\_2.mp4**
* 2.12.2.1 (adjust laser illumination point to the second pair of somites under bright-field imaging with 4x objective lens) **0:00-0:17**
* 2.12.2.2 (Switch to 40x objective lens | Fine adjustment of the laser point to the middle of the neural tube) **0:18-0:54**
* 2.12.2.3 (Unblock the laser beam |Adjust the focal plane) **0:55-1:18**
* 2.12.2.4 (Click Acquisition | Scan the embryo and acquire a Brillouin image of the embryo | Adjust the scale bar) **1:19-6:50**
* **66117\_screenshot\_3.mp4**
* 2.14.1.1 (Set the file path | Load water and methanol signal) **0:00-0:10**
* 2.14.1.2 (Click Set Region | Select the region with four dots for calculating calibration parameters | Save calibration results) **0:11-0:25**
* 2.14.1.3 (Load embryo scanning data | Click auto to automatically get processing parameters) **0:26-0:37**
* 2.14.1.4 (Click Process to reconstruct the Brillouin image | Save the image) **0:38-1:17**